

Program for Psychotherapy Social Work Fellowship 2025-2026

The Program for Psychotherapy (PFP) Social Work Fellowship in the Outpatient Psychiatry Department (OPD) of the Cambridge Health Alliance (CHA) is a one-year intensive training program focusing on psychodynamic psychotherapy with attention to both theory and technique as well as both service and training, including consideration of indications for shorter- or longer-term therapy. The fellowship consists of 40 hours per week consisting of 20 patient/clinical hours, 4 hours of individual supervision, 1 hour of group case consultation, 2 hours of seminar time (a PFP reading seminar on theory and technique of psychodynamic psychotherapy, a PFP reading seminar on object relations in psychodynamic theory), 1 hour of OPD case conference, 3 hours of research, 5.75 hours of paperwork/collateral work/seminar preparation, 1 hour of social work professional development meeting, 1 hour of all fellows meeting (which at various times includes administrative issues, in-service training, a discussion with a senior faculty member, and the PFP case conference), 1 hour departmental grand rounds, and .25 hours per week (once a month) of a precepting meeting. Optional seminar and supervision group are also offered. The year begins on August 29, 2025 and ends on August 30, 2026. Stipend: \$62,000.

To apply, application packets containing each of the following **need to be received** by Friday, February 7, 2025:

- your c.v.
- a letter of intent explaining your interest in the fellowship
- a written summary of a psychotherapy case which represents your clinical thinking and your clinical work, including the course of treatment (there is no specified length; the important thing is that it shows your clinical thinking and work)
- **If you are a current CHA intern, three letters** of recommendation (two from clinical supervisors, one from a professor) are required. **If you are not a current CHA intern, four letters** (two from clinical supervisors, one from a professor, and one from the Director of Training of your current site verifying that you are in good standing) are required. Please emphasize to your recommenders the importance of their letters being received by the application deadline.

We will not begin reviewing application materials until the day after the application deadline.

To apply for this fellowship, please email Dr. Rebecca Drill at rdrill@challiance.org to inform her of your intent to apply. Dr. Drill will create an application folder for you which will have your name on it and she will share the folder with you. You can then upload your application materials into your folder by the deadline. Since the folder is a Google drive you will need a Google account/email in order to access the folder.

In addition, you will need to send Dr. Drill the email addresses of each of your recommenders so that she can share with them a separate folder where they can upload their letters of recommendation. They should not send their letters to you. Your recommenders will need a Google account/email so that they can access the shared folder that Dr. Drill will set up for them.

If you have any questions, please feel free to contact Dr. Rebecca Drill by phone at 781-235-1826 or by email at rdrill@challiance.org.